

# Teleportation Wingmakers Manual

## Introduction

Teleportation is the ability of moving matter from one point in time and space to another point in time and space instantaneously. There are different types of teleportation available at this time both visual and physical teleportation are possible and we use visual teleportation as our starting point. The different types of visual teleportation are. visual body or astral body teleportation, or visual object teleportation but before we can master teleportation we must first learn the art of Telekinesis/Psychokinesis and Clairsentience and the higher state of consciousness the seventh sense. Other abilities useful in teleportation are Tele-Visualization and ESP (Extrasensory Perception). The ability of teleportation is used in Time travel, Interstellar travel, and Dimensional travel. Teleportation is the near instantaneous transport of the Psychic from one location to another and there is no other form of travel faster then teleportation

## Teleporting An Visual Object

### Visual Technique

#### Step One

Charge your physical body with energy.

#### Step Two

Then place an object in front of you.

#### Step Three

Next close your eyes and visualize the object in front of you.

#### Step Four

Then visualize the energy around the object and see your energy blending with the objects energy. This will look like the two energies will be knitting together

#### Step Five

Then focus and feel the object feel the object leaving and if you need to visualize that the object is disappearing

#### Step Six

Then focus your mind on the new destination six feet in front of you.

#### Step Seven

At the new destination six feet way in front of you and feel the object reappearing at the new position in front of you and if you need to visualize that the object is reappearing at the new destination. Then open your eyes.

### Remember

This is a visual exercise so you are only teleporting the object visually.

## Teleportation Portal

The image above is what a energy portal should look like

## Introduction

A Portal is a wormhole of energy made within the light matrix of the physical plain. We can make Portal from the chakra energy, prana energy, and kundalini energy found at the base of the spine and merkaba energy found in the light matrix of the physical body and auric field. Portals can be used in Time travel, Interstellar travel, Dimensional travel and Blank Slate Technology.

Visual Technique

Step One

Charge your physical body with energy.

Step Two

Then close your eyes and see your visual body standing in front of you.

Step Three

Then construct a Portholes like you learnt in the section on Portal in front of your visual body.

Step Four

Then visualize that your energy is blending with your visual body.

Step Five

Next focus your mind on traveling a distance of one kilometre from where you are.

Step Six

Then see your visual body walking into the Portal.

Step Seven

Next see the Portal opening one kilometre away from where you started and see your visual body walking out of the Portal

Step Eight

Then walk back into the Portal and back out to your starting point.

Remember

Practice this exercise by expanding the distance but always make sure you can do this one before moving on.

Teleportation Portal

Visual Technique

Step One

Charge your physical body with energy.

Step Two

Then close your eyes and see your visual body standing in front of you.

Step Three

Then construct a Portholes like you learnt in the section on Portal in front of your visual body.

Step Four

Then visualize that your energy is blending with your visual body.

Step Five

Next focus your mind on traveling to the USA the destination is The white house, washington DC

Step Six

Then see your visual body walking into the Portal.

Step Seven

Next see the Portal opening in front of the white house and see your visual body walking out of the porthole

Step Eight

Then walk back into the Portal and back out to your starting point.

Teleportation Porthole

Visual Technique

Step One

Charge your physical body with energy.

Step Two

Then close your eyes and see your visual body standing in front of you.

Step Three

Then construct Portholes like you learnt in the section of Portal in front of your visual body.

Step Four

Then visualize that your energy is blending with your visual body.

Step Five

Next focus your mind on traveling to Italy the destination is the Coliseum in Rome

Step Six

Then see your visual body walking into the Portal.

Step Seven

Next see the porthole opening in front of the Coliseum and see your visual body walking out of the Portal

Step Eight

Then walk back into the Portal and back out to your starting point.

Teleportation Porthole

Visual Technique

Step One

Charge your physical body with energy.

Step Two

Then close your eyes and see your visual body standing in front of you.

Step Three

Then construct a Portholes like you learnt in the section on Portal in front of your visual body.

Step Four

Then visualize that your energy is blending with your visual body.

#### Step Five

Next focus your mind on traveling to egypt the destination is the great pyramids.

#### Step Six

Then see your visual body walking into the Portal.

#### Step Seven

Next see the Portal opening in front of the great pyramids and see your visual body walking out of the Portal

#### Step Eight

Then walk back into the Portal and back out to your starting point.

### Teleporting The Visual Body

#### Beginners Technique

#### Visual Technique

##### Step One

Get comfortable and relax.

##### Step Two

Now close your eyes then charge your physical body with energy. Then see your visual body standing in front of you.

##### Step Three

Then visualize that your energy is blending with your visual body.

##### Step Four

Now focus your mind on teleporting to a destination of your choice.

##### Step Five

Then see your visual body teleporting to that destination and when you arrive look around and take note of your observation and check them when you come back.

##### Step Six

Then see your visual body teleporting back to the point in front of your physical body and in your own time open your eyes.

#### Remember

Then check with books or other information on that destination to see if your observations are correct. If they are then well done now try another destination.

Added 16/04/2005

### Teleporting Your Visual Body

#### Advanced Technique

#### Visual Technique

##### Step One

I want you to get comfortable and relax.

##### Step two

Now close your eyes then charge your physical body with energy. Then see your visual body standing in front of you.

### Step Three

Then visualize that your energy is blending with your visual body.

### Step Four

Now here's where things change in the past I would have told you to spin the core star and become the light being this time I want you to focus on the hara line see it running through your visual body from the higher point above your head down through the crown chakra passing through the sixth and fifth chakra's into the soul seat down through the lower chakra's and the ten tien and out through the base chakra and down into the earth. Feel and see the visual body grounding with the earth see the tan tien changing from a reddish brown colour to a reddish colour like the earth's core and feel this connection with the earth.

### Step Five

Now focus your mind on teleporting to a destination of your choice.

### Step Six

Now as we spin the core star I want you to stay focused on the hara line and this connection with the earth and in your own time spin the core star as you've done a thousand times before and this time pay attention

### Step Seven

Then see your visual body teleporting to that destination and when you arrive at the destination return the visual body to normal and as you do focus on the hara line once again.

### Step Eight

Then see your visual body and spin the core star once again and teleporting back to the point just in front of your physical body and return the visual body back to normal once again. And in your own time open your eyes.

### Note

Now if you've done this technique you'll see what was missing when I tried teleporting in 1986. Write down every little detail of your observations during this technique and if you wish post your findings under the section Hara line Tech on the message board and we will develop this technology together as a group. Because this technology benefits each and every one of us as a whole.

### Remember

Master the visual technique before moving on to the physical technique it is important that you know the visual technique inside out before moving on.

### Teleporting A Psi Ball

#### Beginners Technique

#### Introduction

Creating psi balls is the act of shaping energy with the mind. Energy is much easier to manipulate than physical objects, so this is a great beginners exercise.

#### Two Person Technique

##### Step One

Work out who will teleport for this exercise and who will be the receiver for this exercise.

##### Step Two

(Teleporter) Hold your hands out in front of you, with both palms facing. Close your eyes and relax. Concentrate on the space between your hands feel the energy ball between your hands. Try to strengthen this energy field by

visualizing the ball growing stronger. If you cannot feel the ball, move your hands away from each other, then closer and closer, trying to feel the point of energy. To me, this feels like a tingling sensation between my hands and in my third eye.

#### Step Three

(Teleporter) Now I want you to open your eyes. But stay focused on the energy between your hands. Feel the psi ball.

#### Step Four

(Receiver) Now I want you to hold your hands out in front of you, with both palms facing.

#### Step Five

(Teleporter) Focus your mind on the point between the hands of the receiver and when you are ready feel the psi ball teleport to the new destination between the hands of the receiver and if you have done this right the receiver should be able to feel the psi ball between their hands. If you need to use visualization for this technique then you can but remember to feel the energy movement.

### Physical Teleportation

#### Introduction

Physical teleportation is the near instantaneous transport of the Psychic from one location to another.

Because Teleportation is an extension of Clairvoyant ability, there are two categories of Teleportation: Extensive Teleportation and Projective Teleportation. As the names imply, each is based on the type of Clairvoyance which must be used to target the correct location.

Although Teleportation is nearly instantaneous, the Psychic may be disoriented upon arrival at the new location. During this period of disorientation, the Psychic suffers a penalty to all Perception/Awareness/Observation Trials, and may take no action other than Perception/Awareness/Observation Trials until the disorientation passes, or until the Psychic achieves a Superior Success or better on an Intellect (Perception) Trial. However, disorientation may continue even after a successful Perception Trial, and the penalty to Perception then applies to any action taken until the period of disorientation passes. Increasing degrees of success on the Teleportation Trial can reduce or eliminate disorientation.

#### Extensive Teleportation

is the ability to teleport one's body a short distance, overcoming intervening barriers to normal travel. In order to use Extensive Teleportation, the targeted location must be sensed via Sense Extension, or must be in physical sight of the Psychic. Teleportation is nearly instantaneous once activated, and can generally be accomplished in the same OP during which Clairvoyance was used to locate the target. The Psychic remains subject to possible disorientation at the new location.

It is possible to use Extensive Teleportation to dodge an attack, so long as the teleportation trial is successful, and the new location is not in the path of an attack. However, the possibility of disorientation makes this a potentially dangerous technique that is normally attempted only as a last resort.

Using Extensive Teleportation requires the psychic to make a Fatigue Trial with a difficulty equal to the difficulty of the Extensive Teleportation Trial.

#### Projective Teleportation

Is the ability to teleport to any location the Psychic can see clearly via Sense Projection. Seeing clearly means the Psychic must have achieved a Superior Success or better on the Sense Projection Trial. The Psychic may apply a

-1 modifier to the difficulty of the Projective Teleportation Trial for each degree of success above Superior on the Sense Projection Trial.

Projective Teleportation requires a minimum of one OP to perform, in addition to whatever time and effort was required to sense the target location using Sense Projection.

## Teleporting Physical Objects

### Introduction

When it comes to teleporting physical object there are two types of teleportation the first is by blending your energy with the atoms of the object and the other form of teleportation is by using an electromagnet light chamber to teleport the object because light particles penetrate the atoms of the object and once the light particles Blend with the object then you can move the object but before you can move the object you build a electromagnet light energy generator

Added 05/11/2002

### Teleporting Physical Objects

#### Physical Technique

#### Step One

Find a small object of your choice. ( I used a teaspoon)

#### Step Two

Then hold the object in between your hands and hold your arms so that they are comfortable.

#### Step Three

Then i want you to sit quietly breathe deeply and get comfortable and relax.

#### Step Four

Empty your mind of all extra thoughts and remain clear minded and focused on the task at hand.

#### Step Five

With your eyes closed feel the energy of the spoon and blend your energy with the objects energy Feel around the object and knit your energy with the energy of the object remember feel it don't think about it. ( Your hand may feel hot as your energy blends this is normal)

#### Step Six

Get into the flow of the object and feel the energy around the object and within the object. Once your energy has kintted with the object feel the force of the energy and stabalize it before you move to the next step.

#### Step Seven

Then visualize or feel the object leaving your hands in a word disappearing from between your hands and reappearing at the desired destination and as it leaves your hands open your eyes and see the object appearing at the destination before you

#### Remember

Remember NEVER apply force! You aren't there to physically force the object to move through the fabric of time and space. That's not point of the exercise.

(The thoughts and comments expressed in this exercise are from personal experience it was first done by Donna on the 05/11/2002 the object was a teaspoon)

You may experience problems with your destination don't worry it takes practice to learn to control it.

## Meta-Physical Teleportation Etheric Body : Lesson One

### Visual Technique Step One

Get comfortable and relax.

### Step Two

Now close your eyes then charge your physical body with energy.

Then visualize the etheric layer of your auric body (the First Layer of the auric field).

### Step Three

Then visualize that your energy is blending with the etheric layer of your auric field.

### Step Four

Now focus your mind on teleporting the etheric body across the room. visualize the destination point.

### Step Five

Then see your Etheric body teleporting to that destination and as you do this stretch out your feelings and feel the etheric body leaving the auric field when you arrive at the destination look back at your physical body and take note of your observation and feelings and when you are ready teleport your etheric body back into your auric field.

### Step Six

Then in your own time open you eyes but be careful you may feel a little disoriented at first this is normal.

### Step Seven

Then write down your findings on how you felt during this exercise and of what you seen during this exercise

### Remember

Master this technique before trying to teleport the other layers of the auric field or Physical objects or the physical body.

## A Method On Physical Teleportation Teleportation 'the practice'

The first order of things that you must understand is that teleportation is a natural way of travel for all beings of light. Whether it be on the third dimensional or fourth, fifth, and higher dimensional existence. It is natural and very easy for any light being because it all deals with "light ". Different colors of light give you different level of awareness. Thus your experience will be varied. Also throughout each level of light expression.

### Physical Teleportation

#### Abilities Used In Teleportation

#### Tele-visualization

Tele-visualization is the ability of 3 dimensional visualization with its dimensions being sound, shape, and form just like the picture that we can view with our own eyes in the physical reality and is the channel by which we can travel through interstellar space and time in the visual and physical forms.

#### Psychokinesis



Psychokinesis or PK is The ability of movement of an object or the physical body of a term coined by the famous researcher J. B. Rhine. It can be defined as the direct action of the mind on a physical object without the mediation of any known physical energy. Phenomenon of this kind have been reported from as far back as St Benedict up to the modern day spoon bending of Uri Geller! There are various forms including Macro-PK where the influence is upon large objects and Micro-PK where the target is from the quantum world.

#### Clairsentience

Sometimes called "psychic feeling". There are two forms of clairsentience: empathy and psychic knowing. Clairsentience is the ability to "know" about someone or something without the use of the five senses for input. Clairsentience is probably the most common type of intuitive ability. (Often we refer to it as a Hunch, a Gut Reaction, or Instinct.)

#### Hara Line Development

Hara line development is designed to bring your awareness to the grounding and ungrounding process of the hara line in the visual techniques of time travel, dimensional travel, levitation, teleportation, and interstellar travel.

Added 16/04/2005

#### Energies Used In Teleportation

In teleportation we use two main energy systems. The first being the hara line and the second being Kundalini energy from the base of the spine. All our hidden Siddhi powers come from an awakened Kundalini. Examples of the Siddhi powers are supernatural abilities of strength, sight, hearing, levitation, bi-location, teleportation, and instant manifestations, etc... Basically anything you can imagine beyond the everyday world is possible when your Kundalini is awakened. The Siddhi powers are our natural abilities, yet through social conditioning they have been suppressed and we have been programmed to believe they are malicious or wrong. They are as natural as the warmth from the sun above. Rising Kundalini along the spinal column and moving it out through the chakra and blending it with the atoms of the physical body is what make teleportation possible. The hara line on the second hand is the anchor that grounds us to the physical and earth plains of existence it is here that we must first start with hara line development because teleportation will not work if we stay grounded to the earth all you will feel is the body shunting as it tries to jump through the fabric of time and space so we must learn the technique of grounding and ungrounding thoroughly before trying teleportation remember safety comes first and if you are not well trained in the grounding and ungrounding technique before trying the this teleportation technique because it could be fatal upon arrival at your new destination if you are not well trained.

#### Warning

This Technique is not for beginners and I would suggest you try this technique with your visual body first it is dangerous and could be fatal if not studied properly.

Added 16/04/2005

#### Physical Body Teleportation

##### Physical Technique

For preparation find a quiet place and a soft surface and lay down.

##### Step One

Now in your own time close your eyes and take a couple of deep breaths feel the chest rise and fall and relax.

##### Step two

Then visualize the base chakra. At the base of the chakra there is a well of energy, this well is know as the jewel of the lotus within the jewel there is a light golden energy. Visualize that this golden energy is trickling out of the

jewel and spreading out into the chakra. As the chakra spins see the chakra becoming golden in colour with its light radiant energy. Feel that energy.

#### Step Three

Now focus on the second chakra and do the same, see the jewel at the centre and see this radiant energy trickling out into the 2nd chakra fill it with its radiant energy.

#### Step Four

Then move on to the 3rd chakra and do the same for this chakra and the other chakras till all twelve chakras are filled with the radiant Golden wheels of Kundalini energy and feel how light this energy feels in your body.

#### Step Five

Now once you have reached the twelfth chakra see the twelve chakras and feel this light golden energy continually flowing into the chakras till it starts to overflow into the physical body do this for around about ten minutes.

#### Step six

Now as the golden energy begins to flow out into the physical body see the energy spreading through your entire body feel how light your body feels as the golden energy blends with your body and relax.

#### Step Seven

Then in your own time I want you to visualize the hara line and feel your connection with the earth and the physical plain and in your own time draw the hara line out of the earth and into the base chakra and hold it there.

#### Step Eight

Now as you do this you may feel your body becoming unstable this is normal because you are no longer linked with the earth and the physical plain

#### Step Nine

After a couple of minutes when your physical body is feeling more stable in this new plain beyond time and space see the three tan tiens and expand the energy of the tan tiens thought your being one by one starting with the lower tan tien and moving through the middle tan tien and through to the top tan tien and hold it there for a moment.

#### Step Ten

Now at this point you are ready for physical teleportation but before you can teleport you need a destination for this technique choose a destination close by like in the same room or a room close by see that destination.

#### Step Eleven

And in your own time feel your body leaving its current position and teleporting to the new destination and as you arrive at the new destination drop the hara line back down into the earth. feel this connection with the earth and the physical plain and allow your physical body to stabilize in the physical plain. Focus on this for a couple of minutes

#### Take Note

You may feel disoriented at this point don't freak out this is normal after teleporting in time this will pass and as you get better at teleporting this disorientation will pass.

#### Step Twelve

Now relax and feel at one with all things and in your own time open your eyes and well done.

### Warning

Practice this technique with your visual body first this technique is very dangerous and could be fatal if not done right. Remember this is not a race safety comes first so be careful. You can also do this technique in the lotus or half lotus position as well and if it makes it easier put this technique on a audio tape so you can play it back while your doing this technique but if you do this make sure you remember step eleven for when you arrive at the new destination.

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